



## Sandy Springs Cadet Squadron Individual Equipment List Ground Team Member's Equipment

**SOURCE:** Ground & Urban Direction Finding Team Tasks, 24 May 2004  
Task O-0001, PREPARE GROUND TEAM INDIVIDUAL EQUIPMENT

1. The gear list below lists the minimum required equipment.  
You may carry additional equipment subject to team leader approval and your ability to secure and carry it -- remember, you may have to walk a long way carrying it all.

### a. 24 hour pack

#### 1) On your person:

- Complete BDU uniform with BDU cap. The BDU cap may be replaced by a hard hat or bright colored cap based on mission needs. [NOTE: Also bring black watch cap or other CAP-approved cold-weather headgear as necessary.]
- Notepad and pencil
- All CAP Identification, including CAPF 101 [ES Qualification]
  - a. card, CAPF 76 [Radio Operator] card, First Aid card, etc.
- Watch
- Handkerchief or Tissues
- Vest, reflective, orange
- Comb or brush (optional, carry if needed)
- Ground Team Member's Handbook
- Signal Mirror
- Whistle
- Pocket or utility-type knife, multipurpose with can opener.
  - b.) Swiss Army knives, Leatherman, or Gerber Tools are recommended.

#### 2) Day pack (preferably black, OD green, red, or orange), webbed gear, or other SAR/Survival Vest containing:

- First Aid Kit, stored in zip-lock bag or other waterproof container, RECOMMENDED that it consists of the following:
  - (1) 2 Antiseptic cleansing pads
  - (2) Antiseptic ointment
  - (3) 6 Band-Aids, various sizes
  - (4) Moleskin, 2" X 4"
  - (5) Roller bandage
  - (6) 2 Safety pins, large
  - (7) 4 gauze pads
  - (8) 1 Triangular Bandage
  - (9) Tape, first aid
  - (10) Any personal medication (your team leader should know what you have and where you carry it.)
  - (11) Rubber surgical gloves (two pair minimum)
- Survival Kit, stored in zip-lock bag or other waterproof container, consisting of:
  - 1) Duct tape, 5-10 feet (does not need to be a whole roll. May be wrapped around a stick.)
  - (2) Leaf bag, large
  - (3) 12 wooden, waterproofed matches

- (4) Match container, waterproof, with striking surface
- (5) 1 Chemical Light Stick, Green. [NOTE: 3 or more preferred].
- (6) 50ft. of nylon line (paracord or similar line).

SAR Equipment stored in zip-lock bags, consisting of:

- (1) Change of socks
  - (2) Flagging Tape, 1 roll
  - (3) Flashlight (with red or blue lens), with spare bulb and batteries. [NOTE: GI 'angle-head' preferred].
  - (4) Spare flashlight (penlight will do)
  - (5) Insect repellent
  - (6) Lip balm, with sunscreen.
  - (7) Sunscreen lotion
  - (8) Tissue Paper
  - (9) Work Gloves, leather [NOTE: Also bring cold-weather glove liners or separate cold-weather gloves as necessary]
  - (10) CAPF 106 Interviewing Form(s), blank
  - (11) 4 Moist Towelettes, clean, in foil wrapper
  - (12) Change for phone calls, calling card, or cellular phone to call mission base
- 2 meals
- Shelter Material, preferably 8' X 10' (spare military poncho meets the need)
- Coat for appropriate climate, if necessary (in pack if not wearing it). [NOTE: Camo M-65 Field Jacket or Gortex jacket with liner desired].
- Poncho [NOTE: 2 desired, of which one must be US GI]
- Canteen(s) or camel back carrying at least 2 quarts of water ONLY (no other ingredients)
- Compass Pouch, containing compass, lensatic or orienteering (orienteering preferred). Compass should have a "glow in the dark" dial.

**b. Extended duration pack: a backpack (preferably with frame) (T) containing:**

- Tent (optional, if you are briefed that you will be using a poncho shelter or are sharing a tent with someone else who is carrying it. NOTE: Shelter half allowed if you will be sharing tent with another shelter half carrier).
- Spare rank and CAP cutouts (for cadets)
- 5 meals
- Bag, waterproof, containing:
  - (a) Spare uniform,
  - (b) Underwear and socks, 3 changes
    - Sleeping pad, foam or inflatable.
    - Spare boot laces.
    - Kit, sewing, with spare buttons.
    - Shoe Shine Kit
- Toilet Kit, that should contain:
  - (a) Toothbrush and paste
  - (b) Shaving Kit (if you shave)

- (c) Deodorant
- (d) Washcloth and soap
- (e) Towel
- Sleeping Bag or Bedroll appropriate to climate

**c. Optional Items**

- (1) Rainwear, durable
- (2) Webbing, nylon, 1" wide, 20" long.
- (3) Handheld FM Transceiver (highly recommended for Ground Team Leaders)
- (4) Water Purification Tablets
- (5) Eye Protection (highly recommended)
- (6) Entrenching Tool (highly recommended for base gear)

**d. SSCS Recommended Items**

- (1) Money for fast food (approx \$10)
- (2) Long polypropylene underwear, as necessary
- (3) Hand warmers, as necessary